



DOUGLAS COUNTY BOARD OF COMMISSIONERS

TOM KRESS CHRIS BOICE TIM FREEMAN

1036 SE Douglas Ave., Room 217 → Roseburg, Oregon 97470

THURSDAY, JANUARY 13, 2022

DOUGLAS COUNTY COVID-19 RESOURCE PAGE UPDATED: THURSDAY, JANUARY 13, 2022

REMINDER: DOUGLAS COUNTY COVID-19 UPDATE HAS MOVED TO A WEEKLY PUBLICATION

As a reminder, as of Wednesday, December 1, 2021, we shifted to a weekly release for our Douglas County COVID-19 Update. But, our team will continue to post our **COVID-19 Seven Day Case Update Chart**, as well as our updated information list of **Local COVID-19 Resources** to the county website (www.co.douglas.or.us) on weekdays (except for holidays and observed holidays). Please note that we will not be posting the COVID-19 Seven Day Case Update Chart or the Local COVID-19 Resources pages to our website on Monday, January 17, 2022, as staff will be observing the Martin Luther King Jr. Day holiday.

SPECIAL NOTICE: AMERICAN RED CROSS NEEDS YOUR HELP – DONATE BLOOD TODAY!

Shared from the [American Red Cross](#). The American Red Cross is facing a national blood crisis – its worst blood shortage in over a decade, posing a concerning risk to patient care. [Click here](#) to watch the video: **Blood Supply Shortage: Donate Blood Now** that was recently created. Blood product distributions are outpacing donations. At times, as much as one-quarter of hospital blood needs are not being met.

Why is this happening? The pandemic has hit the Red Cross, which supplies about 40% of the nation’s blood, very hard.

- Since COVID began, we have seen about a 10% decline in the number of people giving blood.
- At schools and colleges, we’ve seen a 62% drop in blood drives since the start of the pandemic.
- It’s also caused ongoing blood drive cancellations and staffing limitations.
- The current surge in COVID-19 cases may compound the already dire situation.
- This is truly a crisis. Doctors have been forced to make difficult decisions about who receives blood transfusions and who will need to wait until more products become available.
- Blood and platelet donations are critically needed to help prevent further delays in vital medical treatments.
- Use the Blood Donor App, visit www.RedCrossBlood.org or call 1-800-RED CROSS (1-800-733-2767) to schedule your blood or platelet donation appointment.
- In recent weeks, the Red Cross has had less than a 1-day supply of critical blood types.
- Check out this article on their website for more information: <https://www.redcrossblood.org/donate-blood/dlp/red-cross-national-blood-shortage-crisis.html>

Critically Needed Blood

While these may be the most needed blood types, right now **all blood types are urgently needed** to help end the blood crisis.

 Type O Positive <small>Type O positive is the most transfused blood type and can be transfused to Rh-positive patients of any blood type. 38% of the population has O positive blood, making it the most common blood type.</small>	 Type O Negative <small>Type O negative is the universal blood type and what emergency room personnel reach for when there is no time to determine the blood type of patients in the most serious situations.</small>	 Platelets <small>Platelets are the clotting portion of blood, which must be transfused within five days of donation. Nearly half of all platelet donations are given to patients undergoing cancer treatments.</small>
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REMINDER: THE OMICRON VARIANT AND PREVENTION MEASURES

The Omicron COVID variant continues to spread rapidly around the world, in the United States and now in Oregon. While recently we have seen new daily cases creeping upwards of 100 a day, sadly yesterday for the first time since August 2021, we reported over 200 new COVID cases in a single day, and reported over 500 new COVID cases for the previous week. We are definitely in our next surge of COVID. As we mentioned before, if there is any good news, it is

→ Information (541) 672-3311

that the peak of the Omicron cases in other parts of the world were short lived. There were fewer hospitalizations than with the Delta variant, most of those infected did not require medical care and deaths were less than with previous waves. Lastly, additional good news is that the primary series of vaccinations provided good protection against hospitalization or severe disease, and that a primary series followed by a booster provided excellent (75%) protection against hospitalization or severe disease. A good reminder that it is not too late to get your vaccine. Our public health professionals at DPHN are prepared for surge protocol and while the next few weeks will likely be very difficult, they are in a good position to weather the surge storm.

Reminders:

Vaccine and Booster Availability is High. The COVID-19 vaccines and booster doses are readily available around the county. Check with your health care provider, AVIVA Health, Umpqua Health, Lower Umpqua Hospital, local pharmacies, Cow Creek Public Health, Roseburg VA or attend a local drive-thru clinic.

1. Local COVID Hotline Still Active and Available. Our local COVID-19 hotline at (541) 464-6550 has been in operation since March of 2020. They are ready and available to help answer your COVID-19 related questions about vaccine availability, how to isolate or quarantine, provide referrals for care and when/where to get tested. The hotline is open 7 days a week from 8:00 am to 5:00 pm. Just a reminder that the hotline does not provide medical advice. If you need medical attention or advice, please contact your health care provider or a local urgent care facility.
2. DPHN's EPI-Team is Still on the Job. As they have since the beginning, DPHN will continue to conduct local case investigations; provide case management and education; offer support services to isolated cases and maintain their tracking and reporting systems.
3. Please Help to Protect our Emergency Systems. Please do not call 911 or a hospital to ask COVID-19 questions. We need our emergency systems to continue to function and be available for those that need it most. If you are not seriously ill, but need medical advice or want testing, please contact your health care provider. If you don't have a provider, please call our local COVID Hotline and they will try to help connect you with a provider.

What can you and your family do to try and stay healthy?

Our team continues encourage everyone, for the sake of our local businesses, services, economy and neighbors, to make the best decision for yourself and your family in order protect those around you from contracting or spreading the coronavirus disease. We have provided education on implementing the widely proven and age-old safety measures to prevent the spread of respiratory illnesses, including COVID-19 and influenza. Our team encourages you to access your risk and comfort level, and make the best choice for you.

1. Please stay home from work, school, shopping or running errands if you are sick.
2. Please consider getting vaccinated, if you have not got the shot yet. Get the booster dose too!
3. Cover your coughs and sneezes with a tissue, and then throw the tissue in the trash.
4. Wash your hands often with soap and water for at least 20 seconds.
5. If soap and water are not readily available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
6. Consider wearing a face covering when you are around those not from your immediate household or when you are in indoor settings.
7. Avoid close contact with people who are sick.
8. Avoid touching your eyes, nose and mouth with unwashed hands.
9. Never visit a hospital or long-term-care facility if you have a fever or cough due to an illness.
10. Clean and disinfect surfaces that are often touched.
11. Delay or limit travel to COVID hot spots or highly populated areas.
12. Take care of your health overall. Staying current on your vaccinations, including flu vaccine, eating well and exercising all help your body stay resilient.

ACCESS TO LOCAL COVID-19 RESOURCES

 **LOCAL ONLINE ACCESS TO UPDATES:** Stay up to date with accurate and local COVID-19 information by visiting the [Douglas County Government Website](#) or [DCGOV Facebook page](#) or the [DPHN Website](#) or [DPHN Facebook page](#).

 **FREE LOCAL E-NEWSLETTER SUBSCRIPTION:** You can also sign up for the free Douglas County e-Newsletter that publishes and sends out the update to our subscription base. Log onto: www.co.douglas.or.us.

 **DOUGLAS COUNTY COVID-19 HOTLINE (541) 464-6550:** Your Douglas County Board of Commissioners and DPHN continue to offer a local resource hotline for Douglas County residents for COVID-19. The hotline provides



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answers to frequently asked questions, basic COVID information and referrals to local resources and services. Our local hotline number is **(541) 464-6550** and is staffed from 8:00 am to 5:00 pm, 7 days a week.

DPHN VACCINE INFORMATION: Want more information on the vaccines? Log onto: <http://DougCoVaccine.com>.

DPHN COVID-19 INFORMATIONAL VIDEOS: Check out [DPHN's YouTube Channel](#) for locally produced informational videos about COVID-19, featuring Dr. Bob Dannenhoffer, our Douglas County Public Health Officer.

OHA OFFERING FREE DRIVE THRU VACCINE CLINIC IN ROSEBURG: OHA is currently hosting a free drive-thru vaccination and booster clinic at 1530 NE Diamond Lake Blvd., at the corner of NE Fowler Street and Diamond Lake Blvd., adjacent to the Roseburg Public Library in downtown Roseburg. They will be offering all three vaccines, boosters and pediatric doses. They are open every day 10:00 am – 5:00 pm until further notice. No appointment is necessary. If you have questions about the clinic, please contact OHA directly at (971) 673-1222 or (971) 599-0496 or log onto: www.oregon.gov/OHA.

AVIVA HEALTH: UPDATED 11-03-21 COVID-19 LEISURE TESTING:** ALL testing is by appointment only Aviva Health offers fee-based leisure COVID-19 testing, by appointment only, at its drive-through testing clinic located at 4221 NE Stephens Street, Suite 101A, in Roseburg, Monday through Friday, from 8:30 am to 11:30 am and 1:00 pm to 4:30 pm to individuals who require a negative test for travel, public events such as college football games, return to work, and other non-medically necessary purposes. Rapid BINAX tests are \$60, and PCR tests are \$35. **COVID-19 Symptomatic Testing:** They continue to offer no- and low-cost COVID-19 testing for residents, by appointment only, who are symptomatic by billing their insurance or for uninsured individuals charging on an income-based, sliding-fee scale. Residents may schedule a testing appointment by calling **(541) 492-2067**.

COVID VACCINE:** ALL vaccinations are by appointment only Aviva Health continues to offer free drive-through COVID-19 vaccination services to patients and non-patients, by appointment only. Patients must be Douglas County residents. Residents may schedule a vaccine appointment by calling **(541) 492-2067**. Vaccinations are also available on a limited basis, by appointment only at Aviva Health's outlying clinics in North County, Sutherlin, Glide, and Myrtle Creek. People seeking vaccinations at their outlying clinics should call **(541) 672-9596**, to determine availability.

COVID-19 BOOSTER VACCINES:** ALL vaccinations are by appointment only Aviva Health is now offering the Pfizer and Moderna COVID-19 boosters to certain groups of people, by appointment only, at its vaccination clinic located at 4221 NE Stephens Street, Suite 101A, Monday through Friday, from 8:30 am to 11:30 am and 1:00 pm to

COVID-19 VACCINE CLINIC

All three vaccines available.

No appointment needed.

No cost.

Roseburg
The drive-through clinic is located in the parking lot (1530 NE Diamond Lake Blvd) at the corner of NE Fowler St. and Diamond Lake Blvd (Hwy 138), adjacent to the Roseburg Public Library in downtown Roseburg.

Open every Monday – Sunday
10 a.m. – 5 p.m.

OHA 4012B_B (1/5/2022)

4:30 pm. Please call **(541) 492-2067** to schedule your booster appointment. For more information please visit www.aviva.health/covid-19-resources/.

 **LOWER UMPQUA HOSPITAL DISTRICT:** Lower Umpqua Hospital District has a COVID-19 Vaccine Call Center for COVID-19 vaccine information in the Reedsport area. Call **(541) 271-2175**, Monday through Friday from 9 am to 4 pm.

 **COW CREEK HEALTH AND WELLNESS CENTER: UPDATED 1-03-22**

VACCINATIONS:** For all general community members who would like to receive a COVID-19 vaccination, including booster and primary dose series, Cow Creek Public Health offers drive thru vaccinations (no appointment required) on Mondays, Wednesdays and Fridays from 9:00 am to 1:00 pm at 2360 NE Stephens Street in Roseburg, across from the Tribal Government office. Last vaccine is administered at 12:45 pm. Mondays and Wednesdays are reserved for Moderna primary dose series and boosters. CCPH has paused administering Johnson & Johnson vaccines due to CDC guidance recommending MRNA vaccines. Fridays are reserved for pediatric Pfizer patients ages 5-11. At this time, we advise community members 12 and older who would like a Pfizer vaccine to find a community provider or pharmacy with that vaccine. At the time of vaccination, all individuals will be required to sign a consent form. Due to staff limitations, CCPH is unable to vaccinate anyone with severe medical risks (such as history of heart attacks, epilepsy, previous allergic reactions to vaccines, etc.). It is recommended those individuals receive their vaccination in the presence of a primary care physician. For vaccine related questions or general inquiries please call (541) 677-5535.

TESTING: REMINDER: Cow Creek Health and Wellness Centers are no longer offering free community testing. Testing is available by appointment only for Cow Creek Health and Wellness Center patients, Tribal Members, employees of Cow Creek Government Offices and affiliated businesses at the new Roseburg Clinic at 2589 NW Edenbower Blvd.

 **ROSEBURG VA HEALTH CARE SYSTEM:** Veterans can set up an appointment COVID-19 vaccine, by calling the Roseburg VAMC at **(541) 440-1000**.

 **DOUGLAS COUNTY SENIOR SERVICES** can help seniors with questions, locating testing and vaccines at **(541) 440-3677**.

***Please note for residents under the age of 14, this will require a parent or guardian to accompany them and give written consent for the vaccine. Under Oregon law, minors 15 years of age and older may consent to medical treatment, including vaccinations, when provided by a physician, physician assistant, naturopath, nurse practitioner, dentist or optometrist, or other professionals operating under the license of these providers; however, families are encouraged to make decisions about vaccinations together.*

STATE AND FEDERAL COVID-19 INFORMATION

The Federal and State Governments, and their agencies are the ones that set policy, issue mandates and provide the guidelines for a state of emergency like the current COVID pandemic. For information log onto [U.S. Center for Disease Control \(CDC\)](https://www.cdc.gov) and the [Oregon Health Authority \(OHA\)](https://www.oregon.gov/oha). If you have questions about the current guidelines, mandates or the recommendations, please contact them directly for more information. OHA posts their daily updates at www.healthoregon.org/coronavirus. Please do not call 911, Douglas County Sheriff's Office or Douglas County Offices to report issues with the State of Oregon, OHA or the Governor's mandates.

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Contact **Tamara Howell**, Douglas County Public Information Officer & Emergency Communications & Community Engagement Specialist | Phone: (541) 670-2804 | Cell: (541) 957-4896 | Email: tjhowell@co.douglas.or.us

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